

November Newsletter

Message from the President

Hello!

Welcome to Fall! The Ohio Nutrition Council kicked the program year off with two excellent speakers from Abbott Nutrition. They provided interesting updates on the nutritional supplements that continue to be reformulated and repackaged in order to improve health outcomes of their consumers. At our next meeting, we will think about how preventive health has been reformulated and repackaged in recent years. Preventive health is the process of making small, regular decisions and taking positive action on nutrition, physical activity, and other lifestyle factors. Medical professionals across the globe and political icons from both sides of the aisle have spoken out in favor of preventive care. So how do we help Americans embrace preventive care and take action to slow the progression of disease? On December 2nd, we will have several speakers give us their perspectives. I hope you can join us!

Thanks, Julie



- ◆ President's Message
- ◆ Legislation Update
- ◆ Treasurer's Report
- ◆ Media Award
- ◆ Meeting Agenda
- ◆ ONC Scholarship
- ◆ Biennial Conference

Check out our
website!



Ohio Nutrition Council

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Action Items

Legislation Update

November, 2011 Pat McKnight, MS,RD,LD -- Legislation Chair

State Issues: The good news that affects dietitians who work with Medicaid patients is that Ohio Medicaid will be adding the Medical Nutrition Therapy codes on January 1st. These are the same codes as currently in Medicare, but cover almost every nutrition related CPT code. The dietitian cannot bill Medicaid directly; the billing has to come through a Medicaid provider, such as a hospital, clinic, medical practice group. This is a major step forward!!

HB 255 – Breakfast bill. The sponsor, Representative Anne Gonzales, and Children’s Hunger Alliance, working with Gonzales, would appreciate ONC members contacting their legislators to ask for support for this bill. The bill would mandate breakfast in all schools who are in “academic emergency” status. If you don’t know your legislator’s name, go to www.legislature.state.oh.us and put in your zip code plus 4. Then, call the legislator’s Columbus office and tell the aide that you would like the legislator’s support on HB 255 – it is in the House Education Committee.

Two other bills of concern to nutrition professionals – HB 259 and HB 251. Both would allow people with little or no science-based education in nutrition to offer nutrition counseling.

Federal Issues: It is obvious to most of us that not much is happening in Washington, since the legislators don’t seem to understand how the legislative process is supposed to work. There is hope that the Farm Bill may be released before the end of the year. Once it is available, we will have a better idea of action we need to take. The SNAP program and Senior Farmers Market are in the Farm Bill.

Older Americans Act reauthorization was supposed to take place in 2011 – not a chance. Maybe next year. Many nutrition issues in that initiative. Next year will be “interesting” with the elections and with Ohio’s new Congressional districts – whenever that gets decided. Ohio’s state districts have had major changes. Later in 2012, you will need to determine who will be your State Representative and State Senator in 2013 – good possibility of it being someone different from your current legislators.

Questions or concerns— contact Pat McKnight – mcknightp@aol.com



Please Note...

Treasurer's Report

Assets:

Cash & bank accounts

CD 41432251	\$11,220.12
Union Savings Checking	\$11,246.23
Total	\$22,466.35

Total Assets \$22,466.35

Liabilities & Equity

Liabilities	\$0
Equity	\$22,466.35
Total Liabilities & Equity	\$22,466.35

Shannon Amos
Director, Afterschool Nutrition & Education
Children's Hunger Alliance



Media Awards

Calling all ONC members! Nominate your favorite nutrition writer or reporter for 2011 for the Ohio Nutrition Council's Media Excellence Award. The purpose of the award is to recognize an individual (s) who has demonstrated outstanding coverage of nutrition related issues for the public produced between January 1, 2011 and January 1, 2012. ONC members can submit their own material if it fits the criteria. Syndicated materials will not be accepted. The application and criteria are included in this newsletter. Deadline for the application is **February 1, 2012**.

**Hope to see
you there!**

Meeting Agenda

December 2, 2011

LOCATION: LifeCare Alliance www.lifecarealliance.org 1699 West Mound Street, Columbus, OH 43223

9:30-10:00a Registration and Networking

10:00-12:00p **"Wellness Initiatives Over the Years"**

Speaker: Laura Poland, Executive Director, The Rite Bite

"How to Maintain Good Nutrition While Using Prescription Drugs"

Speaker: Megan Kappes, Pharmacist, Meijer

12:00-1:00p Lunch: Business Meeting and Sharing

1:00-2:00p **Innovative Ways RDs Connect with Clients**

Speaker: Gina Casagrande, Dietitian, Giant Eagle (tentative)

CEUs: 3 (Certificates of Attendance will be available)

Please Note...



ONC Scholarship

ONC Scholarship: The process for awarding the \$1000.00 scholarship for the 2012-2013 academic year is under way.

Application forms were e-mailed to food and nutrition educators, ONC members and others as requested. If there are others who would like to receive it they may contact the ONC office or go to the ONC web-site.

Completed applications must be completed, mailed and post marked by February 1, 2012

Save the Date

**31st ONC Biennial Conference
Building a Healthy Community
Thursday, April 19, 2012**

The ONC's 31st Biennial conference will be held on Thursday, April 19th at:

The Educational Service Center of Central Ohio
2080 Citygate Drive, Columbus, OH 43219

Scheduled as a single day conference, topics to promote wellness throughout the life cycle will be presented during five informative sessions. A great list of speakers has been confirmed!



Dates to
Remember!

From the Board...

- ONC meeting dates are set: **December 2** , **February 3** , and **April 19 (biennial)**
- Remaining board conference calls: **January 20** and **April 6**
- Deadline for the Media Excellence Award is due **February 1, 2012**
- Completed applications for the ONC Scholarship must be completed, mailed and post marked by **February 1, 2012**
- ONC will help sponsor awards and provide judges for the State Science Day **May 5, 2012**