

MESSAGE FROM THE PRESIDENT

ONC Members,

With Spring in full swing (finally!) I am filled with renewed hope for Ohio Nutrition Council. I want to thank the 2010 -2011 board members for all their help this year.

Here are a few highlights from our newsletter:

- Our membership renewal will begin in May — see the article below by Daria our Membership chair
- State Science Day is Saturday, May 7th — the article on page 2 from Heather our Education chair has all the details
- Pat McKnight highlights all of the state and federal legislation in our Public Policy Update

As we prepare to shift to a new set of board members for the 2011-2012 year I am happy to announce the following appointments to our board and committees:

- Vice President/Program Chair—Phyllis Earnest**
- Treasurer—Misty Davis MS, RD, LD**
- Secretary—Stephanie Hillman**
- Scholarship Committee Appointee—Shelby Sutphen**

I look forward to working with all the new faces next year!

This year our Board will need to elect a new President— Elect and Secretary. Both serve a two year term on the Board. Stephanie Hillman has been nominated for the 2011 -2012 Board for Secretary. If you or someone you know would like to be nominated we are still accepting nominations for the ballot. Please contact Ginger Parsons — see page 2 of this newsletter for details.

It has been a pleasure serving as President of ONC! I look forward to our final meeting of the year May 6th at the Art Institute of Ohio in Cincinnati. Hope to see you there...

Laura Poland RD/LD
ONC President, 2010-2011



ONC Membership Meetings
Friday, May 6th

ONC Board Meetings
Thursday, April 21st 1pm to 3pm, conference call

Thursday, July 21st – Summer Board Meeting

A Word on ONC Membership...from Daria Blachowski-Dreyer MBA, RD, LD



Start watching your mail the end of May/beginning of June for your ONC renewal application. The benefits of your continued membership are endless. There are numerous ways to become involved in all aspects of nutrition and network with peers across disciplines. We provide reasonably priced meetings on a variety of current nutrition topics and trends that are eligible for CEU's.

As always we are accepting new members so please encourage other nutrition/physical fitness professionals to check out our website www.ohionutritioncouncil.org to see all of the wonderful opportunities that being a member of the Ohio Nutrition Council has to offer.

GET TO KNOW ONC'S NEWEST BOARD APPOINTEES

ONC Vice President/Program Chair—Phyllis Earnest is employed by Miami Valley Child Development Centers Head Start program in Dayton, OH as a Nutrition Specialist. She is responsible for addressing children's nutrition concerns, abnormal weights, monitoring nutrition services, and various other duties. Phyllis served as ONC Membership Chair from 2002-2007 and was instrumental in the updating of a new ONC flyer and an updated Food, Nutrition and Health Website for kids handout.

ONC Secretary—Stephanie Hillman is nearing the end of her dietetic internship through the Department of Human Nutrition at The Ohio State University, with a focus on community nutrition. Her education includes a BS in Dietetics (2010) and a B.S. in Early Childhood Education (2008) from Bowling Green State University. Her experience with the development and education of young children fuels her desire to continue working with nutrition education programs and weight management initiatives in both schools and communities. Her internship experiences have included rotations at Newark Healthcare, LifeCare Alliance, Olentangy Local Schools foodservice, and Nationwide Children's Hospital Center for Healthy Weight and Nutrition. She plans to finish up her remaining time at the OSU Clinical Research Center and the Honda Wellness Center. Overall, she strives to promote the engagement in physical activity along with a well-rounded diet as a two-part approach to a healthy lifestyle.

Treasurer—Misty Davis MS, RD, LD is employed by Southwest Licking Schools as the Food Service Director. Misty is new to Ohio Nutrition Council and we appreciate her willingness to contribute as a board member so soon!

Scholarship Committee Appointee—Shelby Sutphen is a graduate from Miami University (2010) with a BS in Dietetics and a Management and Organizations minor. She is currently completing The Ohio State University Department of Human Nutrition Dietetic Internship. Shelby has been a member of the Ohio Nutrition Council since 2007.

The ONC Board is accepting nominations for President-Elect. If you would like to nominate someone, please let Ginger Parsons know. She can be reached at 740-964-1674 or gparsons@laca.org

2010 – 2011 ONC BOARD and COMMITTEES

President: Laura Poland RD, LD
President-Elect: Julie Kennel PhD, RD, LD, CSSD
Vice President/Program Chair: Phyllis Earnest
Secretary: Janelle Brunswick RD, LD/Stephanie Hillman
Executive Secretary: Kendra Conrad
Interim Treasurer: Linda Taylor RD, LD/Misty Davis RD, LD

COMMITTEES

Program: Laura Poland RD, LD
Legislation: Pat McKnight MS, RD, LD
Newsletter: Sarah Earhart MS, RD, LD, CDE
Membership: Daria Blachowski-Dreyer MBA, RD, LD
Finance/Scholarship: Louise Conway MS, RD Ret.
Publicity/Awards: Joanne Treuhaft MS, RD, LD
Strategic Planning: Ginger Parsons RD, LD
By-Laws: Ella Mae Bard MS, RD Ret.
Historical Records: Shari Gallup MS, CFLE
Nutrition Education: Heather McCormick MS, RD, LD
Biennial Conference
 Joanne Treuhaft MS, RD, LD
 Tina Miller MS, RD, LD
 Berni Thurn MS, RD, LD

STATE SCIENCE DAY

SATURDAY MAY 7, 2011

ONC and the Ohio Dietetic Association co-sponsor the Human Nutrition awards at the State Science Day every year.

This event is organized by the Ohio Academy of Science for students in grades 7 – 12. It is held at the St. John Arena on The Ohio State University's campus.

Monetary awards are given to outstanding projects based on originality and creativity that demonstrate understanding of human nutrition and its relationship to good health. Awards are given in each grade category (7-8, 9-10, and 11-12).

If you are interested in being a volunteer judge for the Human Nutrition projects at this year's State Science Day, please contact Heather McCormick at 614-580-3991 or hmccorm@lifecarealliance.org.

Public Policy Update

Pat McKnight, Legislation Chair –
Mcknightp@aol.com

It is hard to miss that most of what has been going on at the Statehouse since the first of the year is Senate Bill 5. The next big issue for the State legislators is the state budget. These issues take the major part of time and the attention of legislators.

Unfortunately, two bills have been introduced – SB 118 and a companion bill in the House. These bills would change the requirement for BMI screening in schools to optional. The current requirement has an “op out” clause which must be renewed each year. Many schools did “op out” this year, but we hope they will take on this responsibility next year. With the possibility of “op out” there is no need for this new bill, but obviously some schools don’t want to do this at all. Another example of schools not understanding their responsibility for the health of children who spend a significant part of their day with them!

The training for SB 210 – Healthy Choices for Healthy Children-- is progressing. This is the law that sets standards for foods and beverages sold outside of the reimbursable meal. These go into effect with the next school year. Meanwhile, USDA is in the rule-making process for changes in the reimbursable meal as a result of the recently passed Child Nutrition Reauthorization Act.

The new Ohio Kids Eat Right section of the Ohio Dietetic Association web site has resources related to school nutrition and other childhood nutrition issues. The public area of the site has some information; the members only section has much more. www.eatrightohio.org



Public Policy Update Continued...

Other issues are still developing in Ohio. Three areas of health care reform that Ohio Dietetic Association is monitoring in order to be sure that medical nutrition therapy services of the dietitian are included are: school based health centers, patient centered medical homes and insurance exchanges. ODA members are encouraged to use the ODA web site to keep up to date on these issues.

As always, if you have questions or concerns, contact me at mcknightp@aol.com

Treasurer’s Report

Ohio Nutrition Council Accounts
as of 1/28/11 Submitted by Linda
Taylor, Treasurer:



ASSETS	
Cash and Bank Accounts	
CD 41432251	11,145.11
Union Savings Checking	11,750.94
TOTAL Cash and Bank Accounts	22,896.05
TOTAL ASSETS	22,896.05
LIABILITIES & EQUITY	
LIABILITIES	0
EQUITY	22,896.05
TOTAL LIABILITIES & EQUITY	22,896.05

MEMBER EVENTS

**MARK YOUR
CALENDARS!**

ONC Meetings - Spring 2011

May 6th, 10am-2:30pm

Location: The International Culinary School at The Art Institute of Ohio—Cincinnati

Topics: Get Comfortable with Cooking Demos;
Tour of the Culinary School;
Q&A with the Chef's from the Culinary School

Upcoming ONC Board Meetings

Thursday, April 21st

1pm to 3pm

Conference Call



Thursday, July 21st
Summer Board Meeting

ONC Newsletter Editor: Sarah Earhart MS, RD, LD, CDE
Coordinator/Publisher: Dietary Solutions
171 Green Meadows Drive South Lewis Center, OH 43035

OHIO NUTRITION COUNCIL

**171 Green Meadows Drive South
Lewis Center, OH 43035**